

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

educaterers®



# Weekly Menu

NURSERY October 23

## Week one

Warwickshire, Coventry: 20/11, 11/12, 15/01, 05/02, 26/02, 18/03  
Oxfordshire : 30/10, 20/11, 11/12, 15/01, 05/02, 26/02, 18/03  
Leicestershire: 30/10, 20/11, 11/12, 15/01, 05/02, 26/02, 18/03

Choose a main meal...

### MONDAY

(v) Cheese and Tomato Pizza Wedge with Potato Wedges (D.G)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Homemade Chocolate Cracknel (G)

Choose a main meal...

### TUESDAY

(vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Homemade Crunch Cookie (G)

Choose a main meal... WEDNESDAY ROAST

### WEDNESDAY

British Roast Gammon Steak with Gravy

Crispy Roast Potatoes

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Ice Cream (D)

Choose a main meal...

### THURSDAY

Chicken Burger in a High Fibre Bun with Spicy Wedges (G)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Mini Waffle with Toffee sauce (G.E.D.SB)

Choose a main meal... FISHY FRIDAY

### FRIDAY

(msc) Breaded Fish Fillet Fingers with Chipped Potatoes (F)  
Chipped Potatoes

On the side...

Fresh Salad Bar  
Peas or Baked Beans

For dessert...

(v) Ice Cream (D)

## Week two

Warwickshire, Coventry: 06/11, 27/11, 18/12, 22/01, 04/03  
Oxfordshire: 06/11, 27/11, 18/12, 22/01, 04/03, 25/03  
Leicestershire: 06/11, 27/11, 18/12, 22/01, 12/02, 04/03

Choose a main meal...

### MONDAY

British Pork Sausages with Gravy & Mashed Potatoes (G.SU)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg) Homemade Flapjack with Fruit Wedges (G)

Choose a main meal...

### TUESDAY

(h) Chicken & Sweetcorn Pasta Bake with Garlic Bread (G.D)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Strawberry Mousse (D)

Choose a main meal... WEDNESDAY ROAST

### WEDNESDAY

British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)

Crispy Roast Potatoes

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Homemade Jam Tart with Custard (D.G)

Choose a main meal...

### THURSDAY

(vg) Quorn Dippers with Herby diced Potatoes (G)

On the side...

Fresh Salad Bar  
Vegetables of the Day  
Baked Beans

For dessert...

(v) Homemade 'School Favourite' Sprinkles Sponge Cake (G.E)

Choose a main meal... FISHY FRIDAY

### FRIDAY

(msc) Salmon and Sweet-Potato Fishcake (F)  
with Chipped Potatoes

On the side...

Fresh Salad Bar  
Peas or Baked Beans

For dessert...

(v) Homemade Shortbread (G)

## Week three

Warwickshire, Coventry: 13/11, 04/12, 08/01, 29/01, 19/02, 11/03  
Oxfordshire: 13/11, 04/12, 08/01, 29/01, 19/02, 11/03  
Leicestershire: 23/10, 13/11, 04/12, 08/01, 29/01, 11/03

Choose a main meal...

### MONDAY

(v,h) Mac 'n' cheese with Freshly Baked Wholegrain Baguette (D.G)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Homemade Jammy Cookie (G)

Choose a main meal...

### TUESDAY

(h) British Beef Bolognese with Garlic Bread (G/ cheese D)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Homemade Toffee Apple Sponge (D.G.E)

Choose a main meal... WEDNESDAY ROAST

### WEDNESDAY

British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

Crispy Roast Potatoes

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Homemade Chocolate Crunch (G)

Choose a main meal...

### THURSDAY

Gluten Free British Pork Meatballs in a Rustic Tomato Sauce with Pasta (SB, SU, G)

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

Jelly with Fruit

Choose a main meal... FISHY FRIDAY

### FRIDAY

(msc) Gluten Free Breaded Fish Fillet (F) with Chipped Potatoes

On the side...

Fresh Salad Bar  
Peas or Baked Beans

For dessert...

(v) Ice Cream Tub (D)

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.

**ALLERGEN KEY**  
Vg = Vegan  
V = Vegetarian

G = Gluten / Wheat  
N = Coconut / nuts  
S = Sesame

F = Fish  
M = Mustard  
SU = Sulphites

D = Dairy  
E = Egg  
SB = Soya



FS 634414

## Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.