

Monday



Organic Pork Meatballs (G.S.U.)

or



(v) Quorn Korma (very mild) (M.D.E.)

Every day choose from:

or



(v) Cheddar Cheese Soft Bap (G.D.)

Tuesday



Pasta with Peas and Bacon (G.D.)

or



(v) Pizza Fillet – Quorn topped with pizza sauce and melted cheese (D.E.)

(v) Jacket Potato with Cheese (D.)

or

or



British Roast Chicken Wrap (G.)

Wednesday



Roast Beef in Gravy

or



(v) Broccoli and Sweetcorn Pasta (G.D.)

Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or

or



Ham Soft Bap (G.)

Thursday



Chicken Pie (D.G.)

or



(v) Sticky BBQ Veggie Sausages (G.S.B.S.)

(v) Jacket Potato with Cheese and Beans (D.)

or



Tuna Mayonnaise Sandwich (F.E.G.S.B.)

Friday



Breaded Pollock Fillet (F.SB.)

or



(v) Quorn Nuggets (G.D.E.)

or



(v) Cheddar Cheese Soft Bap (G.D.)

Week 3 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v,h) Homemade Fruity Flapjack (G.)

Tuesday

(v,h) Homemade Sponge with Fruit in Juice (E.G.)

Wednesday

(v,h) Homemade Jam Tart (G.) with Custard (D.)
(v) Ice Cream Tub (D.)

Thursday

(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)
(v,h) Homemade Carrot and Orange Cookie (G.)

Friday

(v,h) Homemade Vanilla Krispy Bar (G.)
(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/Wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

