

**Meat Free Monday**



(v) Cheese and Tomato Pizza Wedge (D.G.)

or



(v) Vegan Country Bake (G.SB.)

**Every day choose from:**

or



(v) Cheese Sandwich (D.G.SB.),  
Chocolate Cracknel (G.), Juice Carton

**Tuesday**



Organic Beef Grill (G.) in a Bun (G.)

or



(v) Cheesy Pasta Bake (G.D.)



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna  
Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese  
and Beans (D.)

or



British Sliced Turkey Wrap (G.),  
Yoghurt (D.), Raisin Box, Juice Carton

or



Tuna Mayo Soft Bap (G.F.E.) Up Beet  
Chocolate Cake (G.E.), Fresh Fruit,  
Milkshake (D.)

or



British Roast Chicken Soft Bap (G.),  
Melting Moment Biscuit (G.), Fresh Fruit,  
Milkshake (D.)

**Wednesday**



Roast Chicken Joint or Fillet

or



(v) Vegetable Korma (M.D.E.)

**Thursday**



Organic Beef Chilli - very mild

or



(v) Veggie Hot Dog (G.SB.SU.)

**Friday**



Gluten Free Fish Fingers (F.)

or



(v) Cheesy Tomato Risotto (D.)

**Week 2 Dessert Menu**

**Every day we offer:**

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v,h) Homemade Chocolate Cracknel (G.)

**Tuesday**

Jelly with Fruit  
(v) Ice Cream Tub (D.)

**Wednesday**

(v,h) Homemade Up Beet  
Chocolate Cake (G.E.) with Hot Chocolate  
Sauce (D.)

**Thursday**

(v,h) Homemade Melting Moment Biscuit (G.)

**Friday**

(v,h) Favourite Fruit Muffin (G.E.)  
(v) Ice Cream Tub (D.)

**PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad**

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown.**

**Key**

- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

