

**Monday**



Organic Pork Meatballs (G.SU.)

or



(v) Broccoli and Sweetcorn Bake (D.G.)

Everyday choose from:

or



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)



(v) Cheddar Cheese Soft Bap Meal (G.D.) Orange Cookie (G.), Raisin Box, Juice Carton

or



British Roast Chicken Wrap (G.), Organic Yoghurt (D.) Fresh Fruit, Juice Carton

or



Ham Soft Bap (G.), Iced Sponge (G.E.SU.), Fresh Fruit, Milkshake

or



Tuna Mayonnaise Sandwich (F.E.G.SB.), Tempting Triangle Biscuit (G.SU.), Raisin Box, Milkshake

or



(v) Cheddar Cheese Soft Bap (G.D.), Chocolate Cracknel (G.), Juice Carton

**Tuesday**



Bacon Medallion and Pork Sausage (G.SU.)

or



(v) Breadcrumbs Vegetable Fingers (G.)

**Wednesday**



Roast Chicken Joint or Fillet

or



(v) Vegetable Lasagne (D.G.)

**Thursday**



Minced Beef Pie (D.G.)

or



(v) Rustic Margherita Pizza (D.G.)

**Friday**



Breaded Pollock Fillet (F.SB.)

or



(v) Quorn Korma (very mild) (M.D.E.)

**Week 3 Dessert Menu**

Everyday we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v,h) Homemade Zesty Orange Cookie (G.)

Tuesday

(v,h) Homemade Chef's Fruit Crumble with Custard (G.D.)  
(v) Ice Cream Tub (D.)

Wednesday

(v) Homemade Iced Sponge (G.E.)  
Icing Top (SU.)

Thursday

Jelly with Fruit in Juice  
(v,h) Homemade Tempting Triangle (G.SU.)  
crunchy oatly biscuit with cherries

Friday

(v,h) Homemade Chocolate Cracknel (G.)

**PLEASE NOTE** All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown.**

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

**Key**

V = vegetarian  
D = Dairy  
N = Coconut/Nuts  
S = Sesame  
E = Egg  
G = Gluten/Wheat  
F = Fish  
M = Mustard  
SB = Soya  
SU = Sulphites

