

Educaterers Lunch Menu Week 1 – w/c 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

Meat Free Monday



(v) Quorn Dippers G.D.E.



(v) Veg Korma with Oumph SB.M.D.E
Oumph the Chunk is a tasty plant based alternative to chicken



(v) Cheese/Beans D.



(v) Cheddar Cheese G.D.

Jacket Potatoes Every Day

Tuesday



Pork Sausages G.SU.



(vg) Plant Power Balls



(v) Cheese D.



British Roast Chicken G.

Wednesday



British Roast Chicken, Stuffing G.



(vg) Quorn Roast G.
Optional Stuffing G.



Tuna Mayonnaise F.E.



Tuna Mayonnaise F.E.G.

Thursday



Pasta Bolognese G./Cheese D.



(vg) Veggie Hot Dog G.



British Ham G.

Friday



Salmon Fishcake F.G.SB.



(v) Rustic Cheese & Tomato Pizza D.G.



(v) Cheddar Cheese D.

Week 1 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack G.
(v) Cheddar Cheese, Crackers and Apple Slices G.D.

Tuesday

(v) Homemade Banoffee Cake with Toffee Drizzle SB.D.E.G.
(v) Chocolate Swirl Mousse D.

Wednesday

(v) Homemade Strawberry Slice G. with Custard D.

Thursday

(vg) Homemade Jammy Cookie G.

Friday

(v) Ice Cream Tub D.
(v) Homemade School Favourite Iced Sponge with Fruit G.E.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown in the photographs.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

Key

vg = vegan
V = vegetarian
D = Dairy
N = Coconut/Nuts
S = Sesame
E = Egg
G = Gluten/Wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites

